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CATERING

• LES MARCHÉS •
Tradition

MARCHÉ
BONICHOIX

2019 - 2020



**OUR CONTAINERS
ARE REUSABLE AND
RECYCLABLE.**
YOU CAN USE THEM SEVERAL
TIMES BEFORE PUTTING THEM
IN THE RECYCLING BIN.

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**GOOD
MORNINGS!**



102 | HOMESTYLE DONUT TRIO
King of the coffee break: an assortment of 18 donuts including 6 sugar, 6 cinnamon, and 6 powdered sugar donuts.
10 to 12 people



103 | ASSORTED MUFFINS
Always a classic: an assortment of 19 oven-baked muffins.
10 to 12 people



105 | TENDER POUND CAKE
An assortment of deliciously tender pound cake: banana, carrot, pineapple, and our famous marbled chocolate, served with fresh strawberries. A first-bite delight!
10 to 12 people



106 | BAGELS AND SMOKED SALMON
Signature of a high-end brunch: fresh bagels with smoked salmon, cream cheese, capers, red onions, lemon and lettuce.
6 to 8 people



FRUIT FRENZY



151 | FRUIT EXPLOSION
 An abundance of honeydew melon, cantaloupe, red and green grapes, strawberries, raspberries, and oranges.
10 to 12 people



152 | FRUIT AND YOGURT DIP
 A sure-fire hit: a creamy smooth Greek yogurt dip flavoured with almond and vanilla, with a platter overflowing with the goodness of blueberries, clementines, red and green grapes, cantaloupe, honeydew melon, pineapple, and strawberries.
10 to 12 people



153 | TUTTI-FRUTTI
 A full platter of tangy, refreshing fruit: watermelon, oranges, pineapple, blackberries, and raspberries.
10 to 12 people



154 | FRUIT SALAD
 So welcome in the morning, or at any other time, our salad of perfectly ripened fruit is as delicious as it is colourful!
6 to 8 people



VEGGIES AND SALADS



201 | CHEF'S SALAD

A satisfyingly crunchy salad of red pepper, cucumber, tomatoes, carrots, and red onion, served with vinaigrette.

6 to 8 people



202 | CAESAR SALAD

Everyone loves this classic, delicious salad of crisp romaine lettuce, parmesan, and bacon, drizzled with tangy, creamy Caesar dressing.

6 to 8 people



203 | ARUGULA, NUT, AND STRAWBERRY SALAD

In this perfect blend of sweet and salty, tangy arugula is topped with strawberries, chopped pecans, parmesan shavings, and vinaigrette.

6 to 8 people



204 | GREEN SALAD WITH FRUIT AND NUTS

A fresh, delicious green salad topped with mandarin segments, nuts, and dried fruit, served with vinaigrette.

6 to 8 people



205 | TUSCAN SALAD

A salad that tastes like Italian sunshine, full of fresh vegetables: cherry tomatoes, mini cucumbers, red peppers, artichokes, and red onion.

6 to 8 people



206 | CAPRESE SALAD

Our take on the traditional salad from the Isle of Capri, made with our fresh ingredients: mozzarella cheese, Italian tomatoes, arugula, and mixed olives. Simple, summery, and delicious!

6 to 8 people



207 | MARKET FINDS

Growers' best market-fresh produce: mini cucumbers, red and yellow peppers, tomatoes and Nantes carrots, with a delicious roasted beet hummus.

10 to 12 people



208 | VITAMIN BOMB

The classic vegetable platter: baby carrots, cucumbers, cherry tomatoes, broccoli, cauliflower, peppers, and celery with a savoury dip.

10 to 12 people



FROM THE SEA



209 | PICNIC SALADS

Classic childhood salads for every age and every buffet: carrot salad, potato salad, creamy coleslaw, and macaroni.

6 to 8 people



210 | SPECIALTY SALADS

Forkfuls of sunshine with pesto penne, cranberry and couscous, Greek salad, carrots and celeriac.

6 to 8 people



701 | PEARL OF THE SEA

Seafood favourites gathered together on one platter: shrimp ring with cocktail sauce, surimi, and smoked salmon nuggets.

6 to 8 people



705 | SHRIMP RING

Everyone loves the famous shrimp ring, served with its equally famous cocktail sauce.

6 to 8 people



211 | SINGLE PICNIC SALADS

Your choice in 2.5 kg formats of potato, creamy coleslaw, or macaroni salad.

10 to 12 people



212 | SINGLE SPECIALTY SALADS

You can choose salads for your event in 1 kg formats: penne salad with pesto; citrus and cranberry couscous; Greek salad; carrots and celeriac; Bombay orzo; or shell pasta with bacon, quinoa, and mung beans.

6 to 8 people



706 | SHRIMP, SURIMI, AND DIP PLATTER

Three tastes of the sea on one platter: crab-flavoured surimi, shrimp, and lobster dip.

6 to 8 people



Ocean Wise recommended sustainable seafood

Look for the Ocean Wise symbol when you choose your fish and seafood. Its presence is an assurance of an ocean-friendly choice.

HANDFUL SANDWICHES



303 | SOFT SANDWICHES

These always popular, soft “tea” sandwiches are made with egg, chicken, and ham spreads on white bread or half white/whole wheat.
6 to 8 people or 10 to 12 people



304 | STUFFED ROLLS

Big taste comes in small packages with these dinner rolls stuffed with egg, chicken, and ham fillings. An all-around party favourite!
6 to 8 people or 10 to 12 people



305 | MINI-CROISSANTS

Only the best ingredients for these buttery little sandwiches: smoked ham, Swiss cheese, and spinach sprouts; herbed turkey; brie and arugula; chicken and sun-dried tomatoes.
6 to 8 people or 10 to 12 people



306 | WRAP BITES

Six original flavours: Cajun chicken with onion confit; smoked salmon and capers; chicken-cranberry spread; tofu-red pepper spread; tuna and green apple spread.
10 to 12 people



301 | THE MULTI-BREAD

Three sandwich varieties, three different breads: chicken, brie, garden pesto, and arugula on naan bread; Old-fashioned ham, Swiss cheese and arugula on tasty multigrain; and baguette filled with pork roast, provolone cheese, and arugula.
6 to 8 people



302 | WRAPS AND CRUDITÉS

With sides of fresh-cut veg and hummus, our wraps are decadent and original: Cajun chicken with onion confit; smoked salmon with capers; chicken-cranberry spread; tuna and green apple; tofu and red pepper spread.
6 to 8 people



307 | MINI-PITAS

Delicious mini-pitas with their pockets stuffed with our delicious spreads: chicken and cranberry; tuna and green apple; chicken and sun-dried tomatoes.
6 to 8 people or 10 to 12 people



308 | KIDS' FAVES

Everything kids love: tomato pizza, soft sandwiches, little cheese cubes, raw veggies, hummus and some surprise treats!
6 to 8 children

COCKTAIL HOUR



401 | MINI-SKEWERS DUO

Lots of mini-skewers offering two colourful and tasty line-ups: cherry tomatoes and cocktail bocconcini; Lyon cured sausage and stuffed olives.

6 to 8 people



403 | MINI-SKEWERS GRAPES AND CIE

A duo of yummy bites: Swiss cheese and green grapes; cheddar, red grapes, and cubes of white ham.

6 to 8 people



404 | POMODORO PIZZA

This indispensable, soft, and succulent tomato pizza is served in individual portions with olives on the side for guaranteed success!

10 to 12 people



405 | DEVILLED EGGS

What would a buffet be without devilled eggs! Just the way we like them: with Dijon mustard, fresh parsley, and chives.

10 to 12 people



406 | THE CHEESE BALL

Surrounded by crackers and pita chips, our cheese ball is made from ingredients as perfect as they are simple: cream cheese, cheddar, mozzarella, chives, and bacon bits.

6 to 8 people



408 | NACHO-STYLE PLATTER

One that's sure to please people of all ages: a ring of crunchy corn chips served with tangy, delicious salsa.

6 to 8 people



DELICIOUS DELI



501 | PÂTÉS AND DELI MEATS

A taste of Europe! An assortment of pâtés, hot Calabrese salami, Genoa salami, and crackers that go perfectly with our delicious condiment of caramelized onions.

10 to 12 people



504 | PROSCIUTTO AND MELON

The mild sweetness of melon marries perfectly with the saltiness of prosciutto for a taste that delights with every bite.

10 to 12 people



502 | MUST-HAVES

All laid out on the same platter: salami, mild capicola, turkey breast, and smoked ham.

10 to 12 people



505 | ITALIAN DELI

Delizioso! A mix of spicy capicola, mortadella, prosciutto, Calabrese sausage, and mini-gherkins.

10 to 12 people



BREADS AND CHEESES



601 | LITTLE CHEESE CUBES

A platter of nice, mild nibbles: Canadian Swiss, vegetable havarti, marbled cheddar, yellow cheddar, and mozzarella.

10 to 12 people or 20 to 25 people



602 | SPAIN ON A PLATE

Olé! Delectable treats from Spain: Manchego and Queso Iberico Rocinante cheeses paired with sliced, spicy chorizo sausage, voluptuous Serrano ham, and giant stuffed green olives.

6 to 8 people



603 | LOCAL CHEESES

Some of our own beloved cheeses: Sir Laurier d'Arthabaska, L'Extra camembert, St-Paulin, and Bergeron Classique, served with crackers, grapes, and our delicious cranberry-port condiment.

6 to 8 people



604 | EXQUISITE CHEESES

You'll love all the flavours and textures in this mix: garlic and herb Boursin, Oka, Perron 2-year cheddar, and Caprice des Dieux, served with crackers, grapes, and our blueberry-ice wine condiment.

6 to 8 people



606 | BREAD ASSORTMENT

Offer some bread with our *Au Pain Doré* basket of half baguettes.

10 to 12 people





SWEET TREATS



903 | BROWNIE QUARTET

Chocolate decadence in brownie form: Tiger (marbled brownie), coconut-chocolate, Deep Dutch, and Triple Chocolate.
10 to 12 people



904 | ARTFUL CAKES

An assortment of exquisite little cakes: 7 chocolate-hazelnut crunch, 7 pear and caramel, and 6 vanilla and raspberry.
10 to 12 people



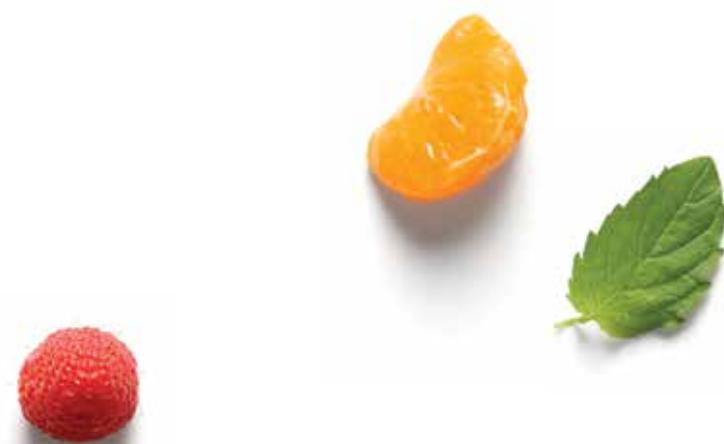
905 | DONUT HOLE DUO WITH CHOCOLATE-HAZELNUT SPREAD

A finger-licking matchup: 15 chocolate donut holes and 15 vanilla donut holes to dip in chocolate-hazelnut spread.
10 to 12 people



906 | TARTLETS

Your guests will love these sweet tarts, 9 in all: 5 filled with creamy chocolate ganache and 4 fruit tarts with pastry cream and fresh fruit (pineapple, kiwi, strawberries, and blueberries).
6 to 8 people





909 | PROFITEROLES AND CHOCOLATE ÉCLAIRS

A platter of mini-pastries guarantees a beautiful finish! 13 mini-éclairs made with 35 % whipped cream and 7 little cream puffs made with custard, 35 % chocolate whipped cream and 35 % coffee whipped cream.

6 to 8 people



910 | MINI CHEESE TREATS AND PROFITEROLES

This ultra-tempting platter of cream puffs and rich, creamy mini cheesecakes will satisfy the sweetest tooth out there.

10 to 12 people

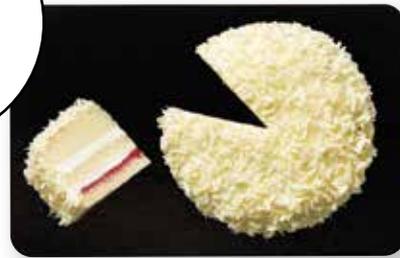
ALSO AVAILABLE
913
LE ROCHER CAKE



911 | TUXEDO CAKE

Tender marble cake layered with dark chocolate mousse and white chocolate mousse, topped with chocolate ganache and white chocolate swirls.

6 to 8 people



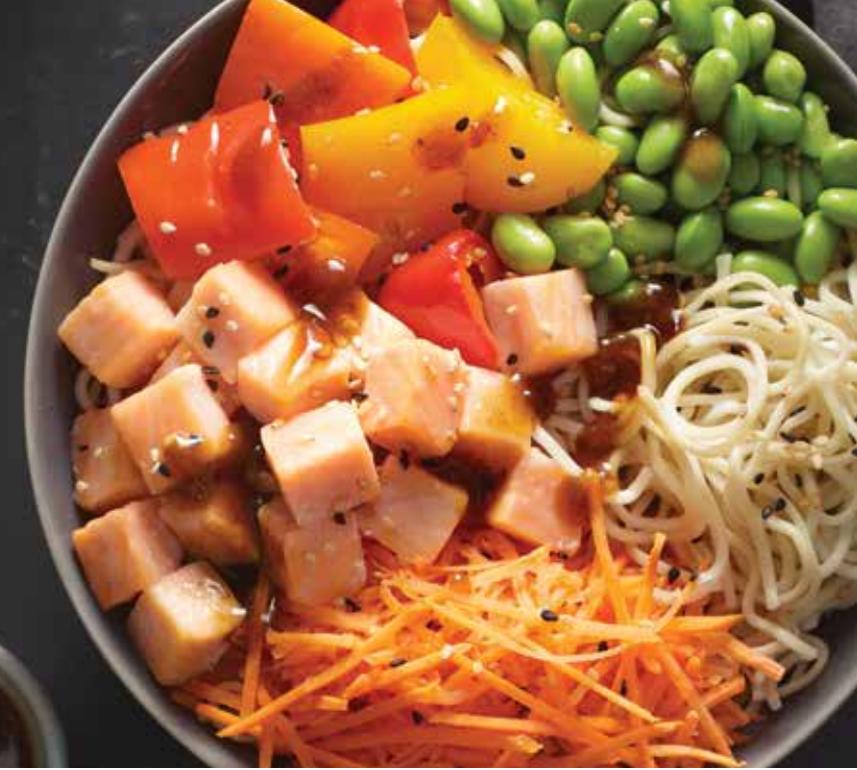
912 | DREAM CAKE

Flavours blend beautifully in this vanilla cake topped with house raspberry jam and Chantilly cream swirled with spirals of white chocolate.

10 to 12 people



WORKING LUNCHES



HEAT AND SERVE MEALS TRIO

3 meals to choose from:

- 12 - Lasagna served with bread
 - 13 - Maple-chipotle salmon fillet with basmati rice and vegetables
 - 14 - Polpette (meatballs) with orzo and vegetables
- All served with a dessert.



WRAP TRIO

4 varieties to choose from:

- 21 - Cajun chicken
 - 22 - Smoked salmon
 - 23 - Chicken-cranberry spread
 - 24 - Vegetarian tofu spread
- All served with salad and a dessert.



NOURISHING HEAT AND SERVE BOWLS

3 varieties to choose from:

- 41 - 2 chicken skewers
 - 42 - Cooked salmon cubes
- Both served with vegetables, edamame (soybeans), toasted sesame seeds, sauce, and Asian noodles.
- 43 - General Tao chicken
- Served with vegetables, edamame (soybeans) and rice.



THE FINAL TOUCH

As the saying goes, “the devil’s in the details”, so we’ve put together a handy checklist to help guarantee no detail is overlooked and your event’s a big success! And be creative! Sometimes just a few little extra snacks can be the big difference that makes every single one of your guests happy!

CHECKLIST

CHEERS!

The classics:

- Water, sparkling water
- Soft drinks
- Coffee box
- Teas, herbal teas
- Wine, beer
- Fruit juice

New beverage trends:

- Kombucha
- Loop juice
- Loop smoothies
- Non alcoholic beverages

BON APPÉTIT!

- Bite-size snacks
- Chips
- Pretzels
- Nuts, peanuts
- Crackers
- Sides and condiments (pickles, olives)
- Jams and jellies for cheese

THE ESSENTIALS!

- Plates/dishes
- Cutlery
- Serving utensils
- Tablecloths
- Table napkins
- Wine and beverage glasses
- Bags of ice
- Toothpicks

SET THE MOOD!

- Balloons
- Candles
- Flowers



TO ORDER YOUR BUFFET

Stop by the ready-to-eat counter
or order at marchestradition.com
or bonichoix.com.



• LES MARCHÉS •
Tradition

